

**LEON E. WERNTZ & ASSOCIATES, INC.**  
**OVER-THE-COUNTER EXPENSES**  
**EFFECTIVE 01/01/2011 - Reflects Changes from Health Care Reform**

**ELIGIBLE EXPENSES**

OTC items that are not medicines or drugs remain eligible for purchase with FSAs and HRAs. You can use your benefits card for these items.

**Baby Electrolytes and Dehydration**

Pedialyte, Enfalyte

**Contraceptives**

Un-medicated Condoms

**Denture Adhesives, Repairs, and Cleansers**

PoliGrip, Benzodent, Plate Weld, Efferdent

**Diabetes Testing and Aids**

Ascencia, One Touch, Diabetic Tussin Insulin Syringes, Glucose Products

**Ear Care**

Un-medicated ear drops, syringes  
Ear wax removal

**Elastics/Athletic Treatments**

ACE, Futuro, elastic bandages  
Braces, hot/cold therapy  
Orthopedic supports, rib belts

**Eye Care**

Contact lens care

**Family Planning**

Pregnancy and ovulation kits

**First Aid Dressings and Supplies**

Band Aid, 3M Nexcare  
Non-sport tapes

**Foot Care Treatment**

Un-medicated corn and callus treatments  
devices, therapeutic insoles

**Glucosamine &/or Chondroitin**

Osteo-Bi-Flex, Coasmin D  
Flex-a-min Nutritional Supplements

**Hearing Aid/Medical Batteries**

**Home Health Care(limited Segments)**

Ostomy, Walking Aids, Decubitis/pressure relief enteral/parenteral feeding supplies, patient lifting aids, orthopedic braces/supports, splints & Casts  
Hydrocollators, nebulizers, electrotherapy products  
catheters, un-medicated wound care, wheel chairs

**Incontinence Products**

Attends, Depend, GoodNites for juvenile incontinence, Prevail

**Prenatal Vitamins**

Stuart Prenatal, Nature's Bounty  
Prenatal Vitamins

**Reading Glasses and Maintenance Accessories**

**INELIGIBLE EXPENSES**

**Please Note:** The IRS does not allow Over-the-Counter (OTC) medicines or drugs to be purchased with Health Care FSA or HRA funds unless accompanied by a prescription and the prescription is filled by a pharmacist.

Acid controllers  
Acne medications  
Allergy & sinus  
Antibiotic products  
Antifungal (Foot)  
Anti-parasitic treatments  
Antiseptics & wound cleansers  
Anti-diarrheal  
Anti-gas  
Anti-itch & insect bite  
Baby rash ointments & creams  
Baby teething pain  
Cold sore remedies  
Contraceptives

Cough, cold & flu  
Denture pain relief  
Digestive aids  
Ear care  
Eye Care  
Feminine Antifungal & Anti-itch  
Fiber Laxatives (bulk Forming)  
First Aid Burn Remedies  
Foot care Treatment  
Hemorrhoid Preps  
Homeopathic remedies  
Incontinence protection &  
treatment products  
Laxatives (non-fiber)

Medicated Nasal Sprays, Drops,  
& Inhalers  
Medicated respiratory treatment  
& vapor products  
Motion sickness  
Oral remedies or treatments  
pain relief (includes aspirin)  
Skin treatment  
Sleep aids & Sedatives  
Smoking Deterrents  
Stomach remedies  
Un-medicated Nasal Sprays  
Drops & Inhalers  
Un-medicated vapor products